

Scott Winqvist / Win Alpine
11th Annual
Summer Alpine Ski Race Camp
Mt. Hood, Oregon
Session I June 14 – June 23, or 26
Session II July 8 – July 18
Session III August 4 – August 14

WINALPINE

www.winalpine.com

Win Race (Alpine)
PO Box 245
Cedar Springs MI 49319



Scott Winqvist / Win Alpine
Summer Camp Application

Timberline

timberlinelodge.com

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Camp Information

This is Scott Winqvist / Win Alpine's 11th Annual Summer Ski Racing Camp. The camp is based in Government Camp, Oregon. It is designed to be the most comprehensive summer ski camp with an emphasis on modern slalom and G.S. techniques. We conduct training at Timberline Ski Area, boasting the best snow and training facilities in North America. Mt. Hood is the preferred training site of all European World Cup and National teams. The camp is open to any level and age athlete.

Camp Features

- All condos are privately owned
- Athletes get their own beds
- One coach per four athletes in the condos
- Most professional and qualified staff in the ski business
- 1 – 3 coach to athlete ratio on the hill
- Off campus activities
- Family Environment
- 24 hour supervision
- Personal pick up and drop off to and from the airport
- Most up to date digital video, each athlete has their own daily video session using the Dart Fish program

Camp Goals

The goals of the camp are: to provide the athlete with the most up to date slalom and G.S. technique, dryland training and personal attention. Fun ~ Fun ~ Fun ~ Fun ~ Fun ~ Fun ~ Fun ~ Fun

Off Campus Activities

On our days off these are the activities we will be doing: white water rafting (\$55.00 charge), surfing, trips to the ocean, crabbing, Portland's Saturday Market, mountain biking, horseback riding, hiking, basketball, and kayaking. NOTE: Athletes are responsible for any off day expenses including food, except for breakfast.

Lodging

This year, we will be staying at the Falcon's Crest Lodge, Collin's Lake Resort and at Golden Poles Condominiums. All units have laundry facilities, wireless internet and wax rooms. Golden Poles and Collin's Lake Resort also have a swimming pool and sauna.

Food

Our cook will provide three meals a day, plus a juice break for the mountain. Athletes will be responsible for their own food on their days off. Special diets can be accommodated, please indicate needs on application.

Camp Costs

Cost ~ The camp is all inclusive with the exception of your flight. There are three sessions offered:

Session I - Limited to 30 athletes

June 14 – June 23 (**seven day ski**, one day off and two travel days) _____ \$1925.00

June 14 – June 26 (**nine day ski**, two days off and two travel days) _____ \$2295.00

Session II - Limited to 25 athletes

July 8 – July 18 (**eight day ski**, one day off and two travel days) _____ \$2095.00

Session III – Limited to 20 athletes

August 4 – August 14 (**eight day ski**, one day off and two travel days) _____ \$2095.00

All sessions include private intense video, gourmet meals, and extra special personal care.

Flight – Book flights as early as possible for better pricing!

Flight arrangements are your responsibility. Fly in and out of Portland International Airport. Any questions regarding arrival and departure times, and dates, please contact Kristine Winqvist. winalpine@hotmail.com. A great place to search for flights is www.kayak.com

Arrival and departure, dates and times

Arrival Session I – June 14, 9:00 am - 4:00 pm, **depart 7-day ski** – June 23, am if possible

Depart 9-day ski – June 26, am if possible

Arrival Session II – July 8, 9:00 am - 4:00 pm, **depart** – July 18, am if possible

Arrival Session III – August 4, 9:00 am - 4:00 pm this session limited to 20 athletes.

Depart– August 14, am if possible

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Daily Training Schedule

Daily training will consist of four days on the mountain followed by one day off of the mountain, weather permitting. The average day schedule is as follows:

On Hill Training _____	7 A.M. to 12 P.M.
Lunch and Rest Period _____	12 P.M. to 3 P.M.
Dryland Training (hiking to waterfalls, swimming, weight lifting, yoga) _____	3 P.M. to 5 P.M.
Dinner _____	5 P.M. to 6 P.M.
Camp Meeting _____	6:30 P.M. to 7:30 P.M.
Free time _____	7:30 P.M. to 9:00 P.M.
Video _____	9:00 P.M.
Lights out _____	10:00 P.M.

2008 Coaching Staff

Session I (Limited to 30 athletes)

Scott Winqvist (Director)

- ◆ Director, Win Alpine
- ◆ Ability Coach, Heavenly Valley Race Club
- ◆ Race Coach Mt. Hutt, New Zealand Coaches Alliance
- ◆ Coors Pro Tour – Skin Jean Pro Tour – New Zealand

Scott Meyers (Head Coach)

- ◆ Head coach Win Alpine
- ◆ *2002 New Zealand Men's Olympic Alpine Ski Coac*
- ◆ Former Head coach Western State College, Gunnison, Colorado
- ◆ Level III certified coach
- ◆ Former Ability Coach Team Breckenridge

CB Bechtel (Asst Coach)

- ◆ Director, Loveland Ski Team, Colorado

Mike Wagner (Asst Coach)

- ◆ Swix Wax representative
- ◆ Fischer Ski representative

Grant Brown (Asst Coach)

- ◆ Level IV Canada FIS coach
- ◆ 26 years coaching experience

Eric VanTongeren (Asst Coach)

- ◆ Two time US Nationals racer
- ◆ Fully Scholarshipped for four years Western State Ski Team member

Ben Brown (Asst Coach)

- ◆ Current NorAm competitor
- ◆ Asst. coach Loveland Race Club
- ◆ Scholarship athlete Western State College

Hugh Potter (Asst Coach)

- ◆ Former USSA competitor
- ◆ First team All State Athlete
- ◆ Head Coach East Lansing Ski Team

Session II (Limited to 25 athletes)

Scott Winqvist (Director) – See Session I

Scott Meyers (Head Coach) – See Session I

Joe Downing (Asst Coach)

- ◆ Head Coach Loveland Ski Team
- ◆ NCAA Div. I Slalom Champion
- ◆ Four years Western State Ski Team member

Craig Davidson (Asst Coach)

- ◆ Former member, Western State Ski Team
- ◆ Former Head Coach Crested Butte Ski Team

Ben Brown (Asst Coach)

Current Nor Am competitor
Asst. coach Loveland race club
Scholarship athlete Western State College

Dawn Waning (Asst Coach)

Head Coach, Team Crystal
Level 1 certified coach

Session III (Limited to 20 athletes)

Scott Winqvist (Director) – See Session I

Scott Meyers (Head Coach) – See Session I

Joe Downing (Asst Coach) – See Session II

Ben Brown (Asst Coach) – See session II

Three more coaches to be named at a later date



www.winalpine.com

**2008 Scott Winqvist / Win Alpine
Summer Ski Camp held at Mt. Hood, Oregon**

Please submit this application with the first deposit of **\$750.00**:

Win Racing Inc.

P.O. Box 245

Cedar Springs MI 49319

winalpine@hotmail.com ~ www.winalpine.com

616-490-1955 Kristine Cell ~ 616-490-2656 Scott Cell ~ 616-866-0118 fax

Cost includes: All ground transportation, lift tickets, lodging, lane fees, tax and gratuities, salt, video, all coaching fees, evening clinics, all use of equipment, camp T-shirt and three meals a day, excluding days off. **A \$750.00 deposit is required by May 10, 2008, accompanied** by the application. Balance is due in full by May 20, 2008. The deposit is refundable if known by June 1, 2008. There will be an acknowledgement letter sent to you upon receipt of your deposit. **PLEASE NOTE FLIGHT SCHEDULE ON THE SPACE PROVIDED FOR YOU ON THE ACKNOWLEDGEMENT LETTER.** I will send you the acknowledgement upon receipt of your application.

Name _____ M _____ F _____ Age _____

Address _____ City _____

ST _____ Zip _____ Parent's E-mail _____

Phone (H) _____ (C) _____ Fax _____

Payment: Check Check # _____ Amount \$ _____ Soc. Sec. # _____

Credit Card – Visa MasterCard Discover Amount \$ _____ Three digit security code on back of card _____

Card # _____ Exp. Date _____

A 2% processing fee will be added to each credit card transaction.

T-shirt Size - S M L XL (extra shirts, or sweatshirts are available – shirts \$20.00 and sweatshirts \$40.00. Please note quantity and size of extras- *include payment for extra shirts with initial camp deposit*) _____

Racing experience: Entry Level _____ High School _____ U.S.S.A. _____ College _____ Dietary Needs _____

High School Coach _____ High School Team _____

Medical Problems _____ Roommate Request _____

I will be attending: (check one)

Session I - June 14 – 23 (7-day ski, 1 day off,) _____ June 14 – June 26 (9 day ski, 2 days off) _____

Session II - July 8 - 18 (8-day ski, 1 day off) _____

Session III – August 4 - 14 (8 day ski, one day off) _____

Assumption of Risk Form: (If under 18, parent must sign)

I, _____ parent of _____ will not hold Scott Winqvist, Win Alpine, R.L.K. and Company, Mt. Hood, U.S. Forest Service, Timberline Lodge and Ski Area, and or it's staff responsible for any injuries that may occur while my son or daughter is attending this camp from June 14 – August 13, 2008.

Parent Signature _____ Date _____

Athlete Signature _____ Date _____

Medical release form: (If under 18, parent must sign)

I, _____ parent of _____ give my permission as the parent or legal guardian to Scott Winqvist and his staff, full medical decisions and responsibilities that may occur while my child is attending the Scott Winqvist / Win Alpine Summer Ski Race Camp during the dates of June 14 – August 13, 2008

Parent Signature _____ Date _____

Athlete Signature _____ Date _____

***Athlete Responsibility Code** (ALL athletes must sign)

I, _____ understand that I will be sent home at my or my parent's expense if I consume **alcoholic substances or illegal drugs** while attending any of Scott Winqvist's training camps. I will also abide by all code of conduct rules and regulations set forth by U.S.S.A., Scott Winqvist and his staff.

Athlete Signature _____ Date _____